



BELTRAMI COUNTY

MEETING AGENDA

Beltrami County Community Health Board
October 15, 2024
3:00 p.m.

Meeting to be held in the County Board Room
County Administration Building, 701 Minnesota Avenue NW
Bemidji, MN

Minutes can be located on the County Website.

1. **Call to Order and Roll Call - 3:00 p.m.**
2. **Approval of the Agenda (Additions/Corrections/Deletions) – 3:00 p.m.**
3. **Approval of Minutes 3:05 p.m.**
4. **Community Health Board Programs and Services Update – 3:10 p.m.**
5. **Community Health Assessment and Community Health Improvement Plan (CHA/CHIP) – 3:30 p.m.**
6. **Commissioners' comments and agenda additions for next meeting – 3:50 p.m.**
7. **Adjourn – 3:55 p.m.**



Date: October 15, 2024
Beltrami County
Community Health Board

AGENDA BILL

SUBJECT: Approval of the Minutes

RECOMMENDATIONS: Approval, as presented

DEPARTMENT OF ORIGIN: HHS, Public Health Division

CONTACT PERSON (Name and Phone Number): Amy Bowles, CHS Administrator, 333-8116

DATE SUBMITTED: October 10, 2024

CLEARANCES: N/A

BUDGET IMPACT: N/A

EXHIBITS: Minutes from July 16, 2024

SUMMARY STATEMENT:

Copies of the minutes of past meetings are presented for the review and approval of the Community Health Board.

**MINUTES OF THE PROCEEDINGS
OF THE BELTRAMI COUNTY COMMUNITY HEALTH BOARD
July 16, 2024**

The Beltrami County Community Health Board met in regular session on July 16, 2024, at the County Board Room, County Administration Building, Bemidji, Minnesota.

CALL TO ORDER

Chair John Carlson, called the meeting to order at 2:00 p.m. Board Members Craig Gaasvig, Joe Gould, Tim Sumner, and Richard Anderson were present.

GENERAL COMMENTS - BOARD CHAIR

None.

APPROVAL OF AGENDA

No additions or corrections were made to the agenda.

GENERAL BUSINESS

Approved Agenda and Amendments

A motion to approve the Agenda with no Amendments was made by Board Member Anderson, seconded by Board Member Gould and unanimously carried.

Approved Minutes

A motion was made by Board Member Gould, and seconded by Board Member Sumner, to approve the April 16, 2024 Community Health Board Minutes. Unanimously carried.

REGULAR AGENDA

Programs & Services

Public Health Director, Amy Bowles discussed the following:

- Grants and Funding
 - Department currently responsible for 21 grants
 - HHS does have a budget enhancement request for a additional position for 2025 budget consideration
 - The CHB's, PH department has a budget enhancement request for an additional position for the 2025 budget consideration to support the required 0.5 Emergency Preparedness FTE
- Partnerships
 - Supported HHS staff training, "The Power of Building Inclusive Communities."
 - One HHS Staff awarded a seat for the BEC Health Equity training

- o Odam's Medical Group Mobile Healthcare service and Minnesota Childrens Dental starting in July.
- o Minnesota Breastmilk Bank and Minnesota Diaper bank have been successful.
- Public Health Services
 - o Clinic
 - Goals: Mobile WIC clinic and innovative ways to normalize breastfeed, including art.
 - All 2023 and 2024 audits have passed state and federal requirements.
 - Services for Home visiting, Immunizations, child and family safety, drug screening, and early interventions continue to thrive and exceed expectations.
 - Thanked Commissioners for supporting the remodel
- Substance Use Disorder (SUD)
 - o Continue to serve as the lead agency and chief strategist for the Beltrami County Opioid Steering Committee
 - o Future SUD campaign to start late summer, early spring.
 - o Data related to Fetal Alcohol Syndrome (FAS) and Neonatal Abstinence Syndrome (NAS)

Community Health Assessment (CHA/CHIP)

The CHIP is a delegated State Mandate. Public Health is currently gathering citizen input with a public community health assessment survey. Staff, citizens and partners are working hard to promote and gather as much citizen participation in this survey as possible. The final report is due to the State in September of 2025.

- Updated on progress of the work group
- Creation of survey, success is dependent on community involvement and leadership support
- 193 surveys completed at time of meeting
- Data from CDC shared on overdoses in Beltrami county, including youth cannabis involved ED visits per week in MN.
- Work group would like the board to consider an action of the CHIP to include creating safe administration kits that may contain items such as bandages, ChapStick, condoms, and Narcan.

Commissioners' Comments and Agenda Additions


No additional agenda items were suggested.

Next regular meeting of the Community Health Board will be October 15, 2024, in the Board Room of the County Administration Building.

MEETING ADJOURNMENT

The Community Health Board meeting was adjourned at 2:58 p.m. with a motion from Board Member Anderson and seconded by Board Member Gaasvig. Motion carried unanimously.

John Carlson, Chair

 MSN, BSN, RN, PHN _____
Amy Bowles, Community Health System Administrator



Meeting Date: October 15, 2024
Beltrami County
Community Health Board

AGENDA BILL

SUBJECT: Community Health Board Program and Services

RECOMMENDATIONS: Informational

DEPARTMENT OF ORIGIN: HHS, Public Health Division

CONTACT PERSON: Amy Bowles, CHS Administrator #8116

DATE SUBMITTED: 10/2/2024.

CLEARANCES: Anne Lindseth, HHS Director

BUDGET IMPACT: none

EXHIBITS: None.

SUMMARY STATEMENT: Grants distributed to the Community Health Board (CHB) support the programs and services provided for Beltrami residents. Providing the Board with an update is essential to highlight wins and challenges. This presentation will exhibit how the Public Health team has strengthened existing community partnerships, dedicated time to expanding partnerships to ensure Public Health support where other agencies experience health gaps, and resourcefully evaluated and utilized funding to support internal and external community resources to promote health regardless of a person's zip code.



Meeting Date: October 15, 2024
Beltrami County
Community Health Board

AGENDA BILL

SUBJECT: Community Health Assessment and Community Health Improvement Plan (CHA – CHIP)

RECOMMENDATIONS: Informational

DEPARTMENT OF ORIGIN: HHS, Public Health Division

CONTACT PERSON: Amy Bowles, Community Health Systems Administrator #8116

DATE SUBMITTED: 10/2/24.

CLEARANCES: Anne Lindseth, Health and Human Services Director

BUDGET IMPACT: None

EXHIBITS: PDF Presentation (attached)

SUMMARY STATEMENT: The Community Health Assessment Work Group has closed the Community Health Board survey. This team is ensuring the strategic measures will thoughtfully address attainable goals that are measurably aimed at improving the health of Beltrami County. This presentation will review the data collected, provide the Community Health board with recommendations, and ensure the work group is moving in a direction agreeable to this board.

Beltrami Community Health Board:
Community Health Assessment

YOUR VOICE AND INFORMATION MATTERS



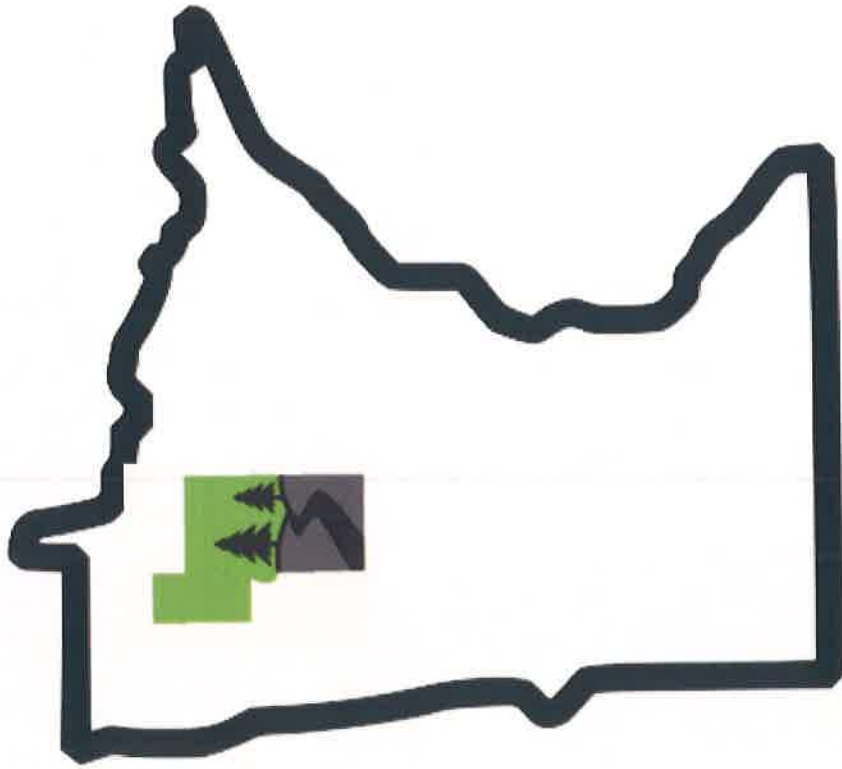
Survey Results
and
Data Review

Community Health Assessment

Amy Bowles, MSN, BSN, RN, PHN
Community Health Systems Administrator
CHB Meeting
10/15/2024



**Community Headboard
(CHB)**



Results:

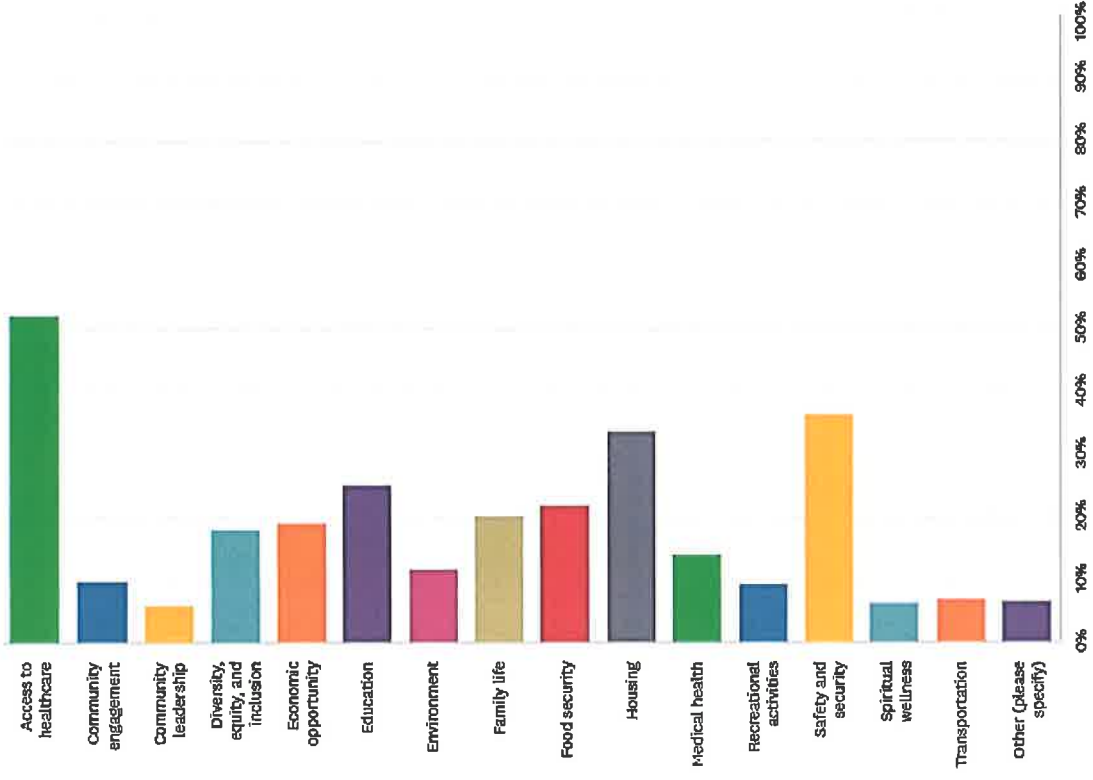
580 Responses

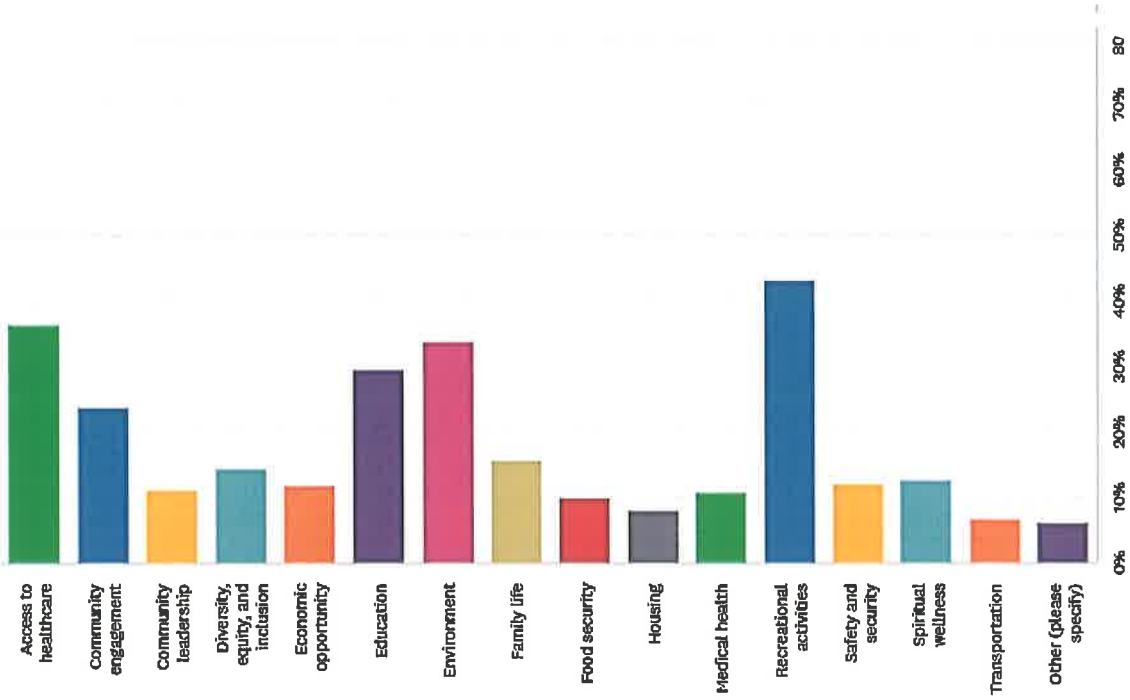
What we learned:

- Manual entry is time consuming, but increased our responses
- Paper version allows deviation in answers
- Face-to-face requests increased our responses
- Community events, tied to education and awareness was effective
- Bringing the survey to the people is essential

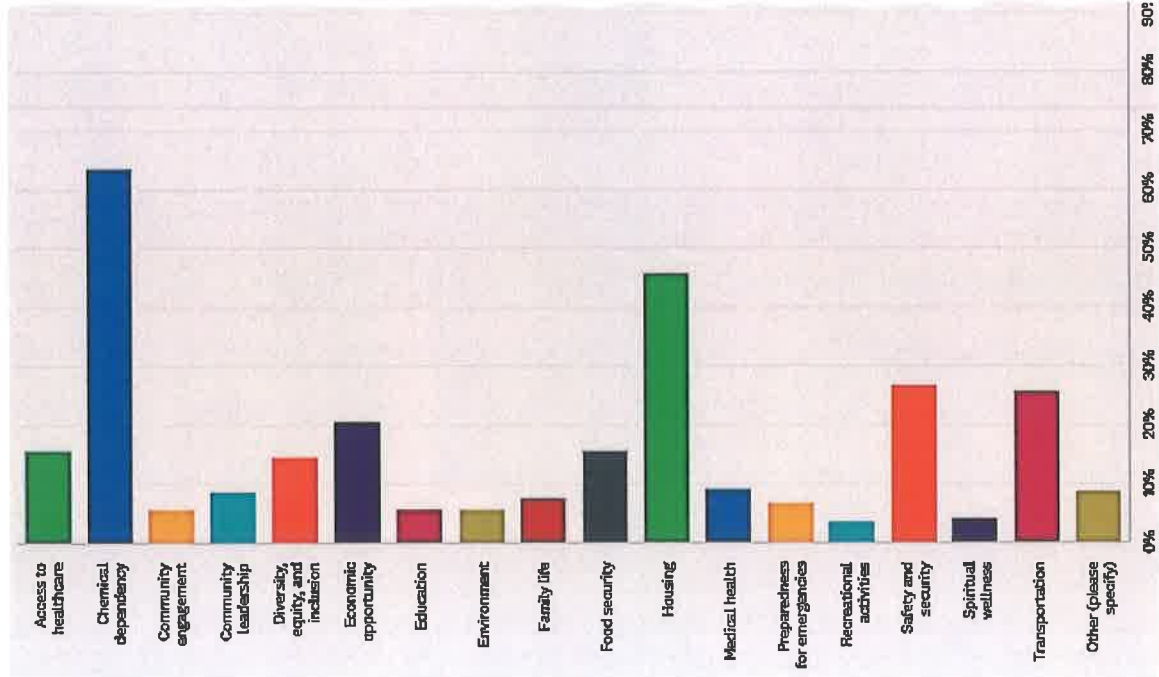
- **Background**
- Our workgroup consists of 8 Beltrami County employees
- We launched the survey July 5 and closed it September 17
- Survey was dispersed via e-mail, newspaper, newsletters, radio, community meetings, postcards, posters, social media, press release
- Gathered responses during community events, 616 lobby, Bemidji mall, grocery stores, face-to-face requests
- Areas of focus: downtown Bemidji, Conifer Estates, Ridgeway, Blackduck, Solway, Red Lake, Ponemah, Kelliher
- In addition to committee members, Pinnacle Marketing Group, CRC, and students were a vital part of our success

- What are the top three (3) most important factors when you think of a “healthy community?”



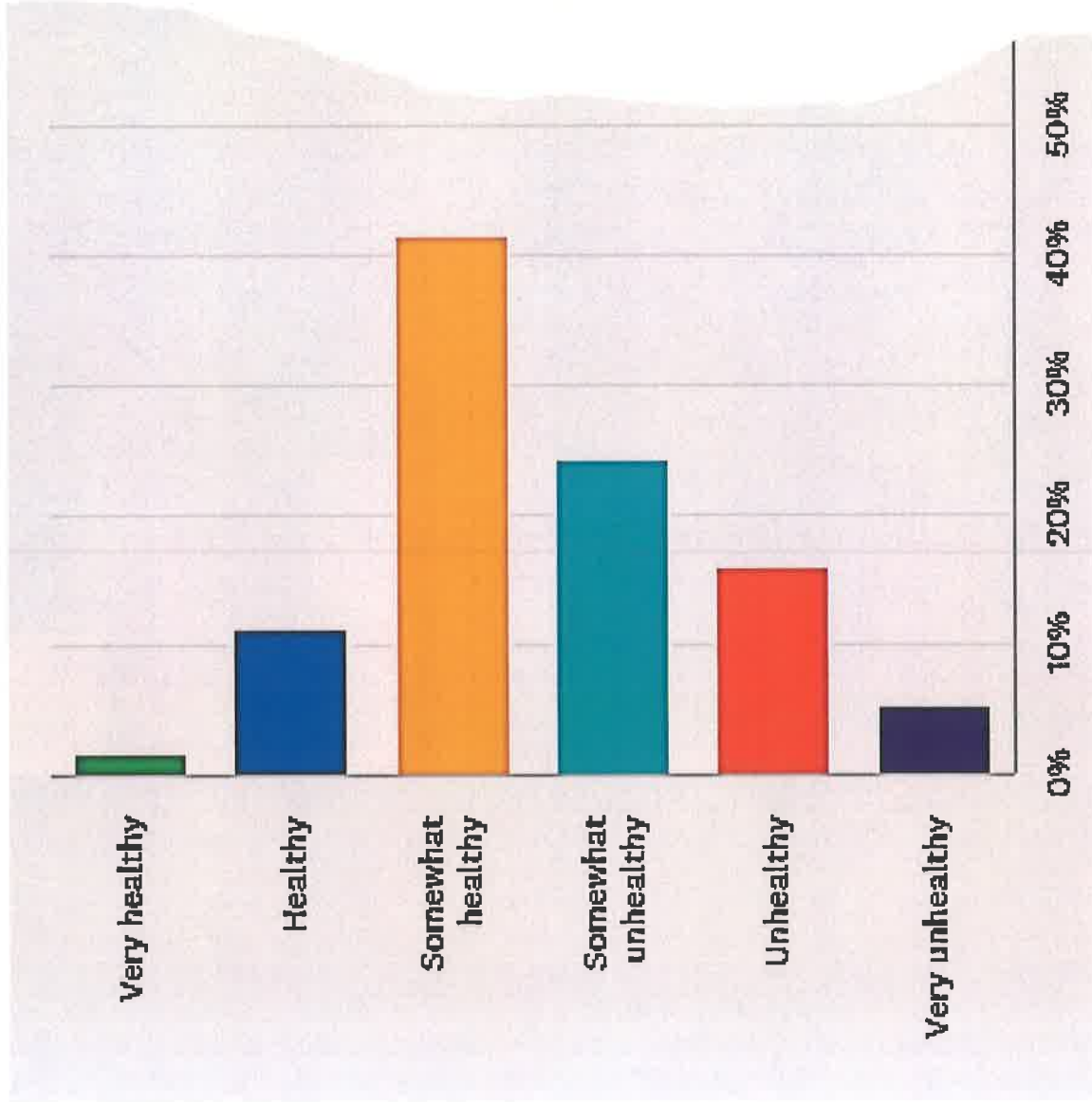


- What top three (3) factors do you feel are positively affecting the health of Beltrami County?

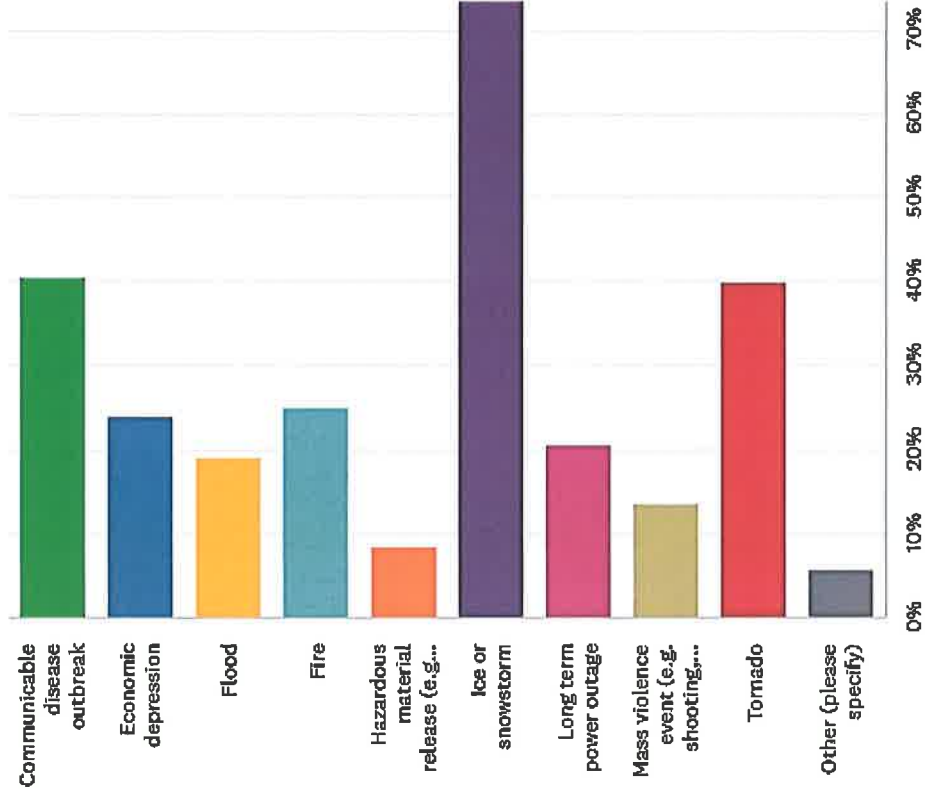


- What top three (3) factors do you feel are negatively affecting the health of Beltrami County?

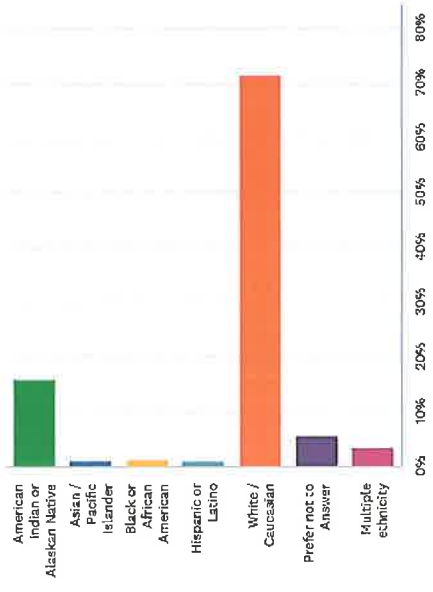
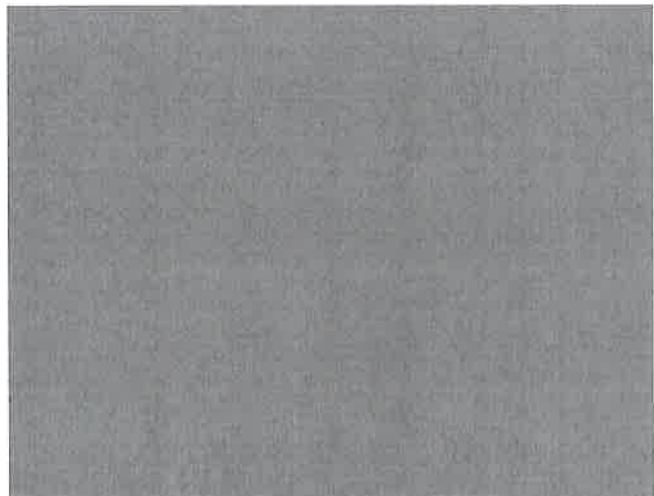
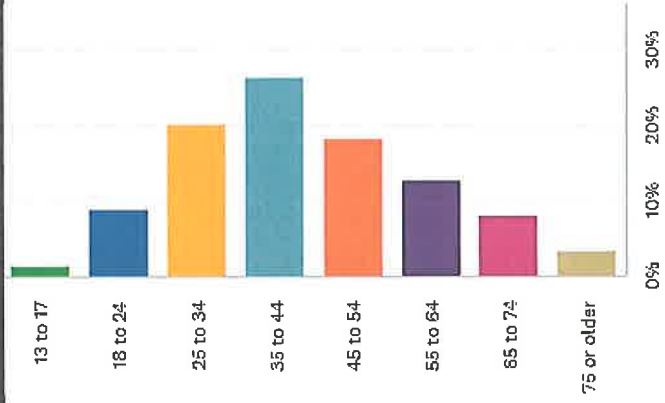
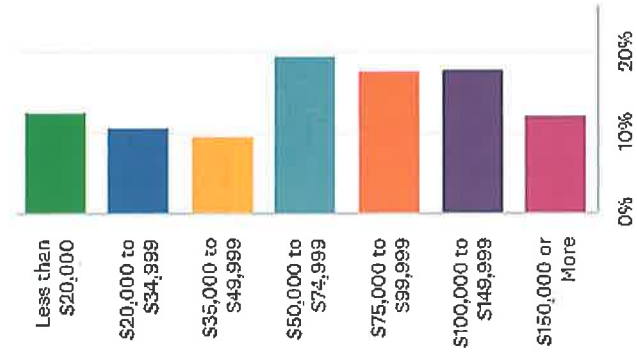
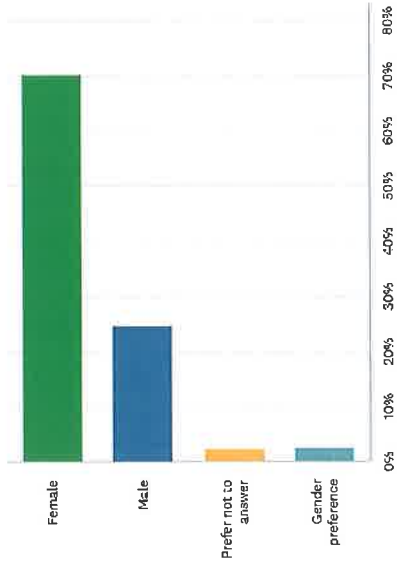
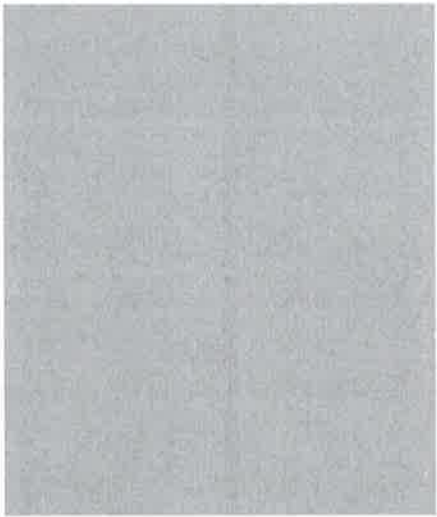
- How Would you rate the overall health of Beltrami County?



- If Beltrami County were to have a community emergency, what top three emergencies would you feel most prepared for?



- More cultural events that influence health
- Lower property taxes
- People need their basic living needs met before they can think or worry about health well being
- Education and programs for substance abuse in the community, and more resources for help
- Bring Families back together. Marriage, religious involvement
- Access to affordable childcare, housing, and healthy food is very important for community health
- Really would like to see a more positive support on LGBTQ
- Crack down on drugs and gangs involved in drugs
- Sober Houses - Half-way houses to help those coming out of treatment
- Program for new moms that are struggling with addiction, by having a treatment center here where they can bring their newborn
- More mental health services. Community meetings.
- Help the struggling K-12 education system.
- Increase wages for teachers and daycare
- Have more dentist offices be willing to accept MA
- The safety and crime level feels unsafe. It used to feel safe to be out, in stores, go for walks
- Provide wages and benefits that will attract medical specialists to this area
- Better access to quality affordable healthcare and transportation
- Improved public transit, make biking/walking/pedestrian traffic safer and easier, build more affordable/midrange income housing
- More recreational activities during the weekend, work out classes that are offered in the evenings
- Sports recreation for everyone at no cost
- Community center/swimming pool/space for young families especially for the winter months
- More engagement like this
- More housing opportunities using unused land to build housing
- More accessible, cheaper rent, cheaper groceries
- More laundry mats, more access to printers, copiers
- Community involvement





Community Health Board

Requirements for our CHIP (Community Health Improvement Plan)

1. Choose at least two health priorities
2. Include measurable objectives
3. Include improvement strategies or activities
4. Include a timeframe and responsible party
5. Include a policy recommendation for at least two of the strategies or activities
 - * one policy aimed at alleviating causes of health inequities
 - * one policy illustrates how health equity is included as a goal in program development
6. Include assets or resources that will be used to address on of the priorities
7. Include process to track progress

CHIP Process must

Include

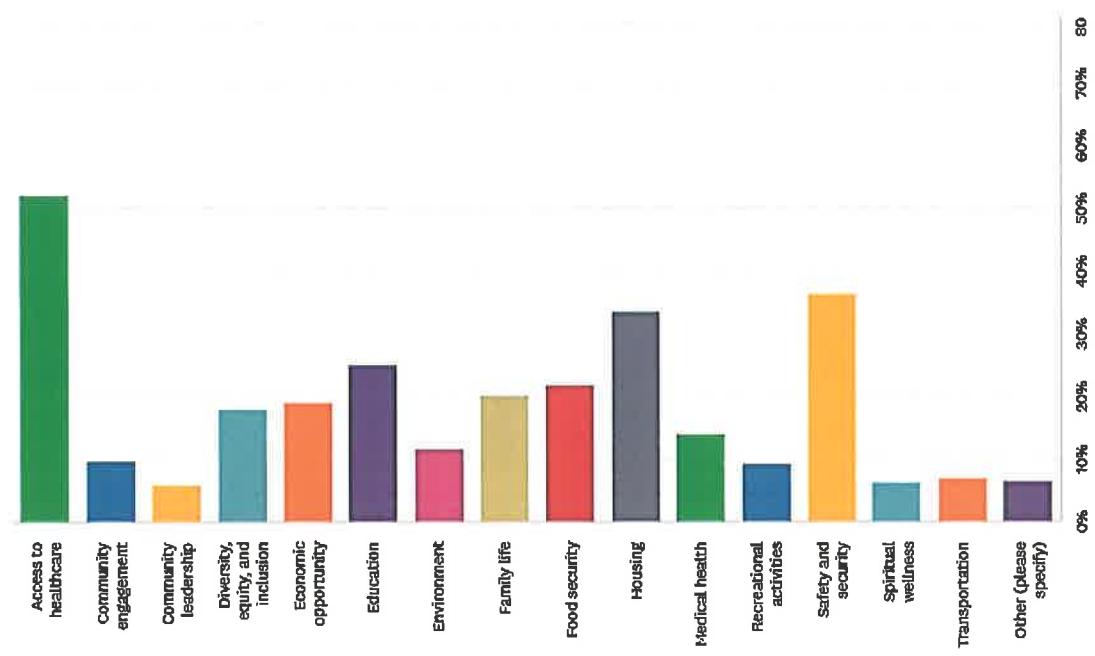
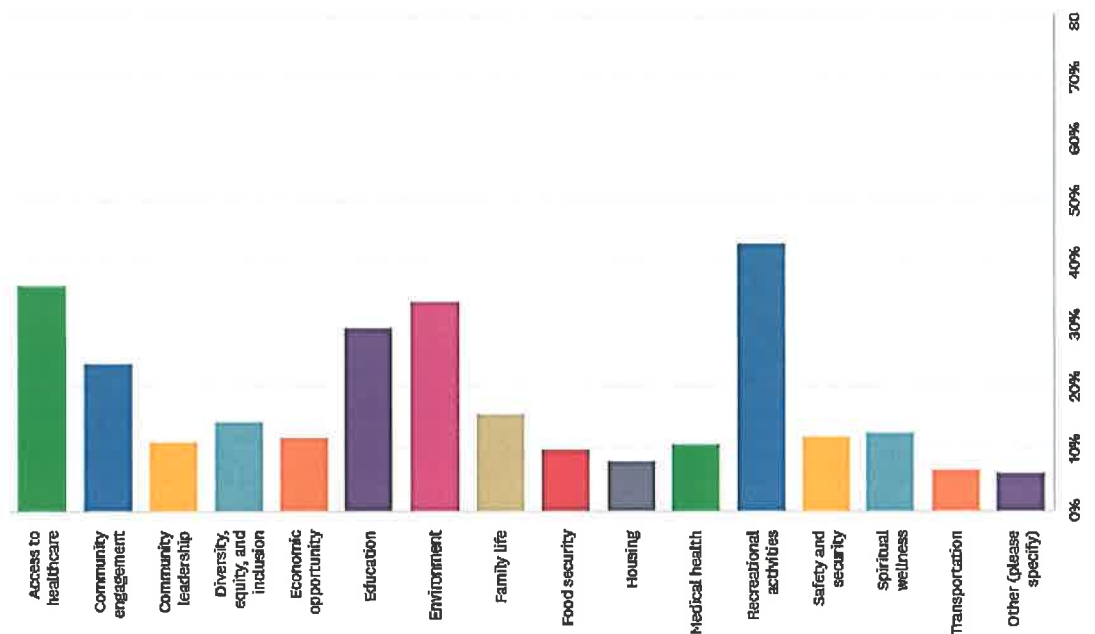
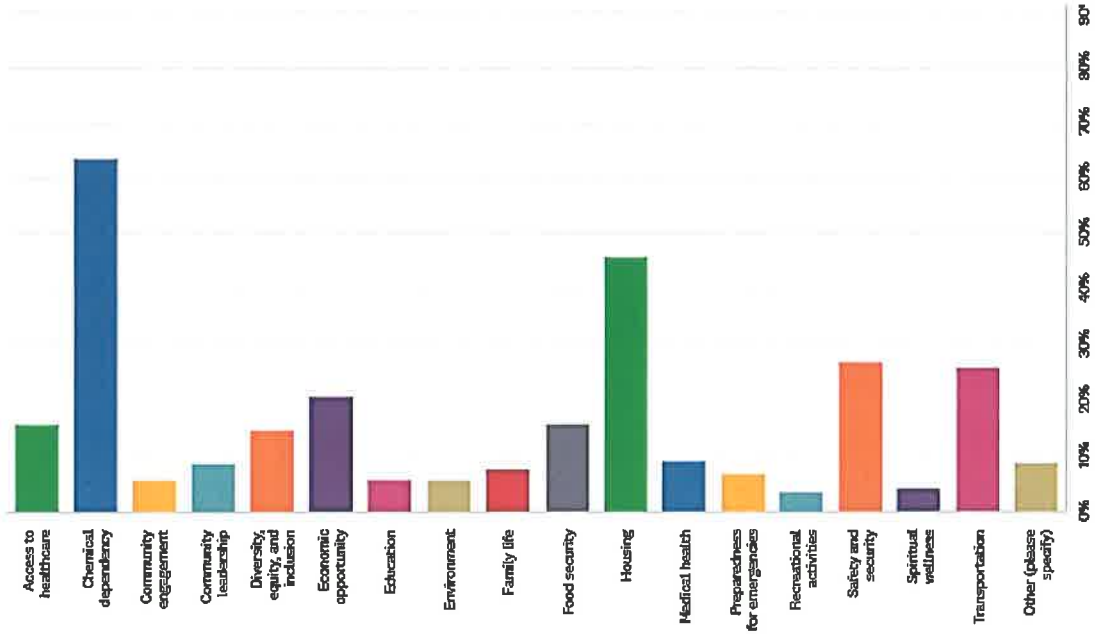
- Include at least two community members or organizations that represent populations disproportionately affected by conditions that contribute to health risks or poorer health outcomes

Include

- Include engagement of at least two organizations representing sectors other than public health

Review

- Review social determinants of health to determine which health equity-related strategies to integrate into the community health improvement plan (CHIP)



County Health Rankings
(external data sources)

<u>Health Factors</u>	<u>Beltrami Average</u>	<u>State Average</u>	<u>National Average</u>	<u>Comments</u>
Premature Death	11,800	6,100	8,000	died before age 74
Child Mortality	70	40	50	died before age 20
Alcohol-impaired Driving Deaths	36%	30%	26%	cashied involved alcohol
Sexually Transmitted Infections	515	395	495	new cases of Chlamydia
Teen Births	26	10	17	ages 15-19, per 1,000
Uninsured	9%	5%	10%	Under age of 64
Children in Poverty	22%	11%	16%	Under age of 18
Severe Housing Problems	16%	13%	17%	overcrowding, high costs, lack of kitchen or plumbing

**Comprehensive clinic-based programs
for pregnant & parenting teens**

Bicycle
&

Pedestrian Master Plans

Baby
Bonds

**Mobile WIC
and**

Public Health Services

Faith community nursing
**Community-wide physical
activity campaigns**

DARE to be You

**Ban the
Box**

**Fruit & Vegetable Taste
Testing**

Alcohol access restrictions in public places

**Car Seat Distribution
&
Education**

**social marketing campaigns to prevent
STIs, impaired driving, SUD**

Certificates of employability

Work Group Recommendations and Next Steps

1. Prioritize Issues for the CHIP
2. Forming a strong foundation of partnerships, resources, and planning.
 - Priorities will most likely determine stakeholders with a vested interest:
 - Work Model suggestions: Elected officials, law enforcement, EMS, School staff, media, business leaders, health insurance company, health care professionals, nonprofit organizations
3. Develop a draft CHIP
4. CHB approval of CHIP

Questions