



BELTRAMI COUNTY

MEETING AGENDA

Beltrami County Community Health Board
January 21, 2025
2:00 p.m.

Meeting to be held in the County Board Room
County Administration Building, 701 Minnesota Avenue NW
Bemidji, MN

Minutes can be located on the County Website.

1. **Call to Order and Roll Call - 2:00 p.m.**
2. **Approval of the Agenda (Additions/Corrections/Deletions) – 2:00 p.m.**
3. **Approval of October 15, 2024, Meeting Minutes – 2:05 p.m.**
4. **Introductions and Overview – 2:10 p.m.**
5. **Community Health Board Programs and Services Update – 2:30 p.m.**
6. **Community Health Assessment and Community Health Improvement Plan (CHA/CHIP) – 2:45 p.m.**
7. **Commissioners' comments and agenda additions for next meeting – 2:50 p.m.**
8. **Adjourn – 2:55 p.m.**



Date: January 21, 2025
Beltrami County
Community Health Board

AGENDA BILL

SUBJECT: Approval of the Minutes

RECOMMENDATIONS: Approval, as presented

DEPARTMENT OF ORIGIN: HHS, Public Health Division

CONTACT PERSON (Name and Phone Number): Amy Bowles, CHS Administrator, 333-8116

DATE SUBMITTED: January 15, 2025

CLEARANCES: N/A

BUDGET IMPACT: N/A

EXHIBITS: Minutes from October 15, 2024

SUMMARY STATEMENT:

Copies of the minutes of past meetings are presented for the review and approval of the Community Health Board.

**MINUTES OF THE PROCEEDINGS
OF THE BELTRAMI COUNTY COMMUNITY HEALTH BOARD
October 15, 2024**

The Beltrami County Community Health Board met in regular session on October 15, 2024, at the County Board Room, County Administration Building, Bemidji, Minnesota.

CALL TO ORDER

Chair John Carlson, called the meeting to order at 3:00 p.m. Board Members Craig Gaasvig, Joe Gould, Tim Sumner, and Richard Anderson were present.

GENERAL COMMENTS - BOARD CHAIR

None.

APPROVAL OF AGENDA

No additions or corrections were made to the agenda.

GENERAL BUSINESS

Approved Agenda and Amendments

A motion to approve the Agenda with no Amendments was made by Board Member Anderson, seconded by Board Member Gaasvig, and unanimously carried.

Approved Minutes

A motion was made by Board Member Gould, and seconded by Board Member Gaasvig, to approve the July 16, 2024, Community Health Board Minutes. Unanimously carried.

REGULAR AGENDA

Programs & Services

CHB System Administrator & Public Health Director, Amy Bowles discussed the following:

- SCHSAC Conference
 - The commissioner of health chose Beltrami County as one of the four counties to highlight, she commended us for our work and dedication to the RESET program.
 - Highlights from keynote speaker, "Policy is Medicine." And "If you foundation was cracking, wouldn't you want to fix it."

- Partnerships
 - PHEP and RSG funding to support Emergency Management and Emergency Preparedness. Attended the Bemidji Pride event. Completed HVA. Education and distributed emergency grab bags
 - Innovative Communication Grant, partner with North County CHB. Created a graphic, a media policy, hired NewERA4K and a Communication Specialist to help with messaging and marketing.
 - Evaluating and utilizing funding to support internal and external community resources to promote health regardless of zip code. Power of Inclusive Communities training, Evergreen Youth Fall Conference (lead sponsor and chair of the planning committee), HRSA partnership with Sanford and success of the Native American Advisory Committee, Goosechase subscription, and internal training for leaders.
- Public Health Services
 - WIC (consideration of a Public Health Mobile Clinic, Baby Café, MN Diaper Bank, MN Children's Dental, Soles for Souls,

Community Health Assessment and Community Health Improvement Plan (CHA/CHIP)

The Community Health Assessment Work Group has closed the Community Health Board Survey, which was open from July-Sept with 580 surveys collected. A Community Health Survey is required every 5 years, with MN Dept Health (MDH) oversight. The Work Group team is ensuring the strategic measures will thoughtfully address attainable goals that are measurably aimed at improving the health of Beltrami County.

Ms. Bowles reviewed the data collected from the survey. The results indicate the highest areas of priority in our community include:

1. Substance Use Disorder and Chemical Dependency
2. Safety and Security
3. Child Mortality couples with Birth Outcomes
4. Transportation
5. Housing

The Community Health work group would like recommendations from the CHB to ensure the work group is moving in a direction agreeable to this board. After priorities are determined and stakeholders identified, a draft CHIP will be developed and brought to the board for review and approval.

Next steps: Prioritize issues, form a strong foundation of partnerships, develop a draft CHA/CHIP, present CHA/CHIP to CHB for approval.

Commissioners' Comments and Agenda Additions

No additional agenda items were suggested.

Next regular meeting of the Community Health Board will be in January of 2025, in the Board Room of the County Administration Building.

MEETING ADJOURNMENT

The Community Health Board meeting was adjourned at 3:59 p.m. by Committee Chair, John Carlson.

John Carlson, Chair



Amy Bowles, MSN, BSN, RN, PHN
Community Health System Administrator



Meeting Date: January 21, 2025
Beltrami County
Community Health Board

AGENDA BILL

SUBJECT: Introduction and Overview

RECOMMENDATIONS: Informational

DEPARTMENT OF ORIGIN: HHS, Public Health Division

CONTACT PERSON: Amy Bowles, CHS Administrator #8116

DATE SUBMITTED: 1/13/2025.

CLEARANCES: Anne Lindseth, HHS Director

BUDGET IMPACT: none

EXHIBITS: Power Point.

SUMMARY STATEMENT: This is the first Community Health Board (CHB) meeting of 2025. With change in roles and new members, we will take a few minutes for introductions and identify roles. In addition, a summary, and the purpose of the CHB will be included in the presentation.



Beltrami County CHB

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BELTRAMI county

Quarterly Meeting – January 21, 2025
Amy Bowles, MSN, PHN
Public Health Director/CHS Administrator

1

Public Health 101

- ▶ Minnesota Local Public Health Act: 145A
 - ▶ Discusses the “may” and “must” of a CHB
- ▶ Single Community Health Board
- ▶ Funding: Reimbursement and Grants
 - ▶ Ours: WIC, TANF, Strang Foundations, CTC, LPH, PHEP, RSG, FPHR, CDC, MCH, EAP, Cannabis, Third Party billing, Fees, pass-through dollars
 - ▶ Partnership Grants include SHIP, Family Home visiting Evidence-Based Model, MDH Innovation, HRSA
- ▶ Annual Reporting
- ▶ Community Health Assessment/Community Health Improvement Plan



Public Health
Prevent. Promote. Protect.


2



3







4



2024

Made possible by the State Infrastructure Fund grant shared between Beltrami County Community Health Board and North County Community Health Services

Funding

- ▀ Addition of funding streams
- ▀ Policy Changes
- ▀ Remodel

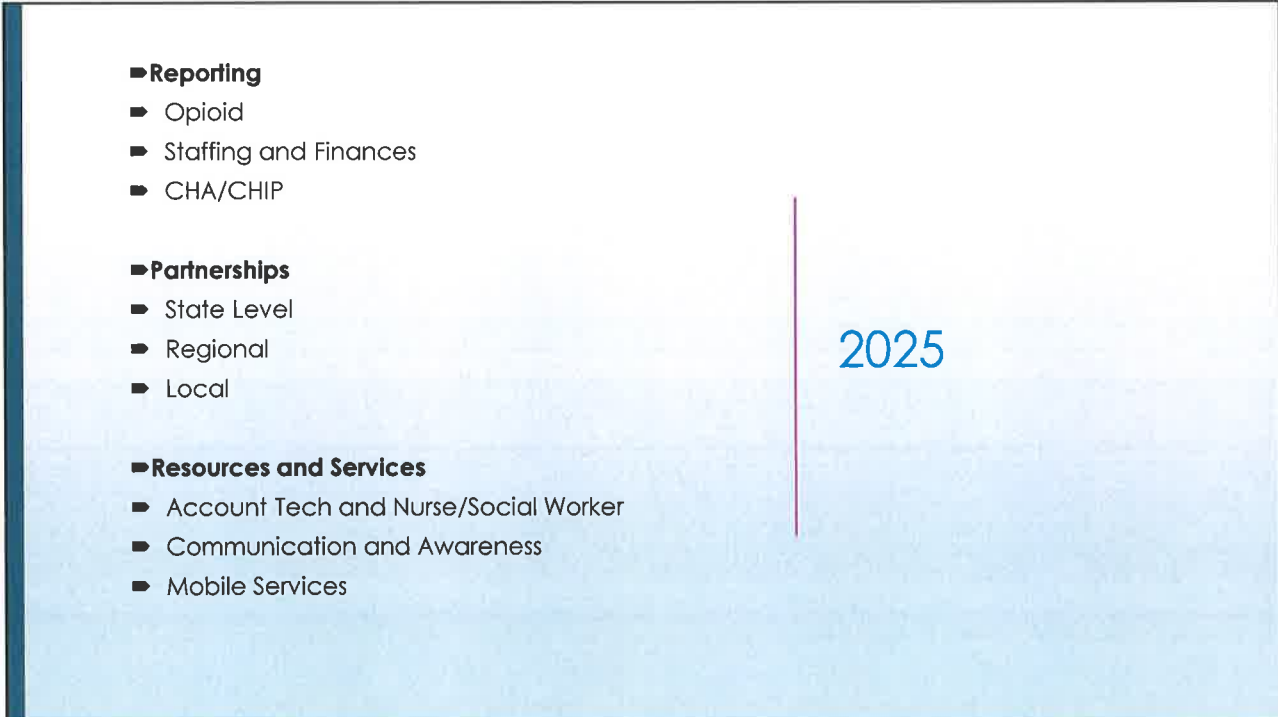
Partnerships

- ▀ State Level
- ▀ Regional
- ▀ Local

Staffing and Services

- ▀ Community Health Worker
- ▀ Account Tech and Nurse/Social Worker
- ▀ Community Health Nurse

5



2025

Reporting

- ▀ Opioid
- ▀ Staffing and Finances
- ▀ CHA/CHIP

Partnerships

- ▀ State Level
- ▀ Regional
- ▀ Local

Resources and Services

- ▀ Account Tech and Nurse/Social Worker
- ▀ Communication and Awareness
- ▀ Mobile Services

6

Contact and Resources

Office: 218-333-8116
Cell: 701-306-3826

Amy.bowley@co.belltrami.mn.us
https://www.co.belltrami.mn.us/services/public_health/
<https://www.youtube.com/@BelltramiCountyCHB>

Questions



Meeting Date: January 21, 2025
Beltrami County
Community Health Board

AGENDA BILL

SUBJECT: Community Health Board Program and Services

RECOMMENDATIONS: Informational

DEPARTMENT OF ORIGIN: HHS, Public Health Division

CONTACT PERSON: Amy Bowles, CHS Administrator #8116

DATE SUBMITTED: 1/13/2025.

CLEARANCES: Anne Lindseth, HHS Director

BUDGET IMPACT: none

EXHIBITS: None.

SUMMARY STATEMENT: Grants distributed to the Community Health Board (CHB) support the programs and services provided for Beltrami residents. This presentation will exhibit how the CHB and Public Health team has strengthened existing community partnerships, where gaps have been identified, and strategic goals considered to enhance our programs, services, and partnerships for 2025.



Meeting Date: January 21, 2025
Beltrami County
Community Health Board

AGENDA BILL

SUBJECT: Community Health Assessment and Community Health Improvement Plan (CHA – CHIP)

RECOMMENDATIONS: Informational

DEPARTMENT OF ORIGIN: HHS, Public Health Division

CONTACT PERSON: Amy Bowles, Community Health Systems Administrator #8116

DATE SUBMITTED: 01/13/25.

CLEARANCES: Anne Lindseth, Health and Human Services Director

BUDGET IMPACT: None

EXHIBITS: Power Point

SUMMARY STATEMENT: The Community Health Assessment Work Group has identified the top 10 health needs in our community and is using this data to compose the CHA. The CHA work group has also identified the top four areas the community identified as areas of improved. The work group will be using this data to create the CHIP. This presentation provides the CHB with an update on the CHA/CHIP work and next steps required to complete the State mandated report.



8

CHA – CHIP Requirements

Include

- Include at least two community members or organizations that represent populations disproportionately affected by conditions that contribute to health risks or poorer health outcomes

Include


- Include engagement of at least two organizations representing sectors other than public health


Review

- Review social determinants of health to determine which health equity-related strategies to integrate into the community health improvement plan (CHIP)

1. Choose at least two health priorities
2. Include measurable objectives
3. Include improvement strategies or activities
4. Include a timeframe and responsible party
5. Include a policy recommendation for at least two of the strategies or activities
 - * one policy aimed at alleviating causes of health inequities
 - * one policy illustrates how health equity is included as a goal in program development
6. Include assets or resources that will be used to address on of the priorities
7. Include process to track progress

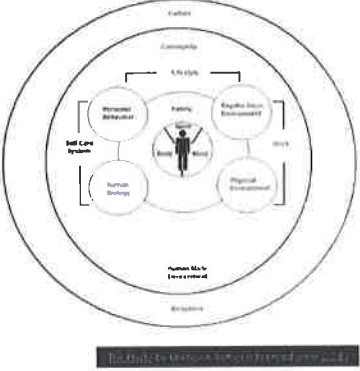
9





Definition of Health

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.



10

Healthy People 2030 Objectives

Child and Adolescent Development	Drug and Alcohol Use	Emergency Preparedness	Family Planning	Health Communication
Injury Prevention	Nutrition and Healthy Eating	Physical Activity	Preventive Care	Safe Food Handling
Sleep	Tobacco Use	Vaccination	Violence Prevention	

11

2020
Beltrami
County
Priority
Issues

Childcare access and affordability

Economic stability

Education

Mental health

Neighborhood and built environment

Parenting-family systems

Substance use: General

Other: Health behaviors/wellness, Long-term care for the elderly

12

Sanford Health: 2022 – 2024 CHA Priority Issues

Priority 1: Access to Healthcare – Mental Health

- Develop a fully integrated Behavioral Health System.
- Increase access to urgent and emergent behavioral health services for community members in behavioral health crisis.
- Increase access to culturally sensitive substance abuse prevention and treatment.
- Increase access to children's behavioral health services.

Priority 2: Healthy Living

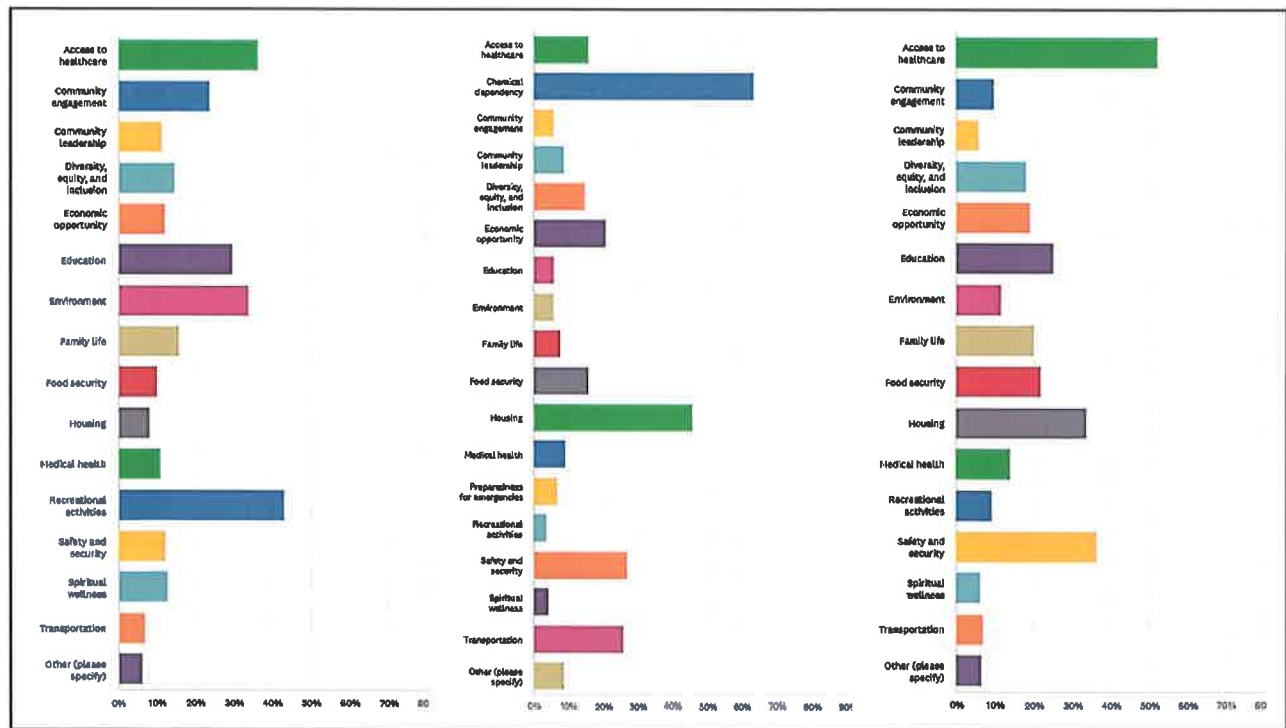
- Assessment and treatment of chronic health issues
- Levels of physical activity
- Food insecurity
- Expand support of Hubbard County and Park Rapids through local community partners and focus on the issues of healthy lifestyles, behavioral health, affordable housing, and workforce development.

13

Health Factors	Beltrami Average	State Average	National Average	Comments
Premature Death	11,800	6,100	8,000	died before age 74
Child Mortality	70	40	50	died before age 20
Alcohol-impaired Driving Deaths	36%	30%	26%	cashied involved alcohol
Sexually Transmitted Infections	515	395	495	new cases of Chlamydia
Teen Births	26	10	17	ages 15-19, per 1,000
Uninsured	9%	5%	10%	Under age of 64
Children in Poverty	22%	11%	16%	Under age of 18
Severe Housing Problems	16%	13%	17%	overcrowding, high costs, lack of kitchen or plumbing

Beltrami's County Health Rankings

14



15

Work Group Next Steps

- Write CHA
- Then....

- 1. Prioritize Issues for the CHIP**
- 2. Forming a strong foundation of partnerships, resources, and planning.**
 - Priorities will most likely determine stakeholders with a vested interest:
 - Work Model suggestions: Elected officials, law enforcement, EMS, School staff, media, business leaders, health insurance company, health care professionals, nonprofit organizations
- 3. Develop a draft CHIP**
- 4. CHB approval of CHIP**

16

Thank You

17