



**NORTH
COUNTRY
NUGGETS**



HUNTING SAFETY

Make sure you and your loved ones are aware of these tips to ensure a safe hunting season.



Prioritize Safety by Following These Tips. . .

- Heart health: Avoid overexertion; take breaks to reduce heart attack risk.
- Falls: Use safety gear; avoid deteriorating tree stands.
- Alcohol: Stay sober to prevent injuries and hypothermia.
- Communication: Share your location and carry a whistle or radio.
- First aid: Learn CPR and basic first aid.

Basic Rules of Safe Firearms Handling. . .

- Treat all firearms as loaded; handle triggers only when shooting.
- Always control the muzzle direction.
- Know your target and surroundings before shooting.
- Wear eye and ear protection.
- Wear blaze orange for visibility.



LEARN MORE: <https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/11-tips-for-keeping-safe-during-hunting-season>